

IDEAL PROTEIN FOOD and SUPPLEMENT ORDER FORM

Dr. Ronald C. Wichin DC

104 Elden Street #14 Herndon, VA 20171
703.834.1910 - phone **703.834.2609** - fax

Name: _____

Phone: _____

DRINKS	Box	Price	BREAKFAST	Box	Price
Blueberry, Cranberry & Pomegranate		\$28.00	Fine Herb & Cheese Omelet		\$28.00
Pineapple & Banana		\$28.00	Omelete Mix (plain)		\$28.00
Chocolate		\$28.00	Crispy Cereal		\$28.00
Cappuccino		\$28.00	Chocolate Pancake & Muffin *R		\$28.00
Peach & Mango		\$28.00	Maple Oatmeal *R		\$28.00
Wildberry Yogurt		\$28.00	Plain Crepe *R		\$28.00
Pina Colada		\$28.00	LUNCH	Box	
Pink Lemonade		\$28.00	Chicken Ala King		\$28.00
Orange		\$28.00	Chicken Noodle Soup		\$28.00
Lemon Tea		\$28.00	Chicken Soup (creamy)		\$28.00
Vanilla		\$28.00	Broccoli Cheese Soup		\$28.00
READY MADE	Carton		Leek Soup		\$28.00
Vanilla Drink UHT (6)		\$29.50	Tomato-Basil Soup		\$28.00
Chocolate Drink UHT (6)		\$29.50	Mushroom Soup		\$28.00
Mango Smoothie (1)		\$4.25	Vegetable Chili *R		\$28.00
Strawberry Banana Drink (6)		\$29.50	Vegetable Spaghetti ***R		\$28.00
Strawberry Banana Drink (1)		\$4.90	Potato Puree		\$28.00
SNACKS - PUDDINGS	Box		Chicken Patty		\$28.00
Banana		\$28.00	Rotini Tomato Basil Pasta		\$28.00
Blueberry		\$28.00	Rotini Pasta		\$28.00
Butterscotch		\$28.00	VITAMINS & MINERALS	Bottle	
Milk Chocolate		\$28.00	Multi-Vita (60 caps)		\$28.00
Dark Chocolate		\$28.00	Cal-Mag (120 caps)		\$24.00
Lemon		\$28.00	Potassium & Calcium (100 caps)		\$21.00
Vanilla		\$28.00	Pro Omega 60 ct		\$24.00
Strawberry		\$28.00	Pro Omega 180 ct		\$67.00
Raspberry Jelly		\$28.00	Pro Omega Liquid w/Vit D		\$66.00
SNACKS - BARS & PUFFS	Box		SUPPLEMENTS	Bottle	
Choco-Raspberry *R		\$28.00	Anti-Oxy		\$33.00
Lemon Poppyseed *R		\$28.00	NoviLax		\$21.00
Vanilla Peanut Crunch *R		\$28.00	Digestive Enzymes		\$24.00
Double Chocolate *R		\$28.00	Novi-Cleanse		\$69.00
Choco Peanut Butter *R		\$28.00	MISC.	Qty.	
Cranberry Granata *R		\$28.00	Sea Salt (all flavors)		\$3.00
Peanut Butter Crunch *R		\$28.00	Ideal Protein Eco Carry Bag		\$2.00
Cookies n Cream *R		\$28.00	Ideal Protein Shaker		\$8.00
Caramel Crunch *R		\$28.00	Recipe Book		\$15.00
Caramel Nut *R		\$28.00	My Ideal Recipes Cookbook		\$29.95
White Choco Cinnamon *R		\$28.00	Walden Farms Products (see reverse side)		
Chocolate Coated Soy Puffs *R		\$28.00	Miracle Noodles (per bag)		\$3.30
Apple Cinnamon Soy Puffs *R		\$28.00	Stevita Water Flavoring (Orange)		\$7.00
Lemon Soy Puffs *R		\$28.00	Stevita Water Flavoring (Cherry)		\$7.00
Peanut Soy Puffs *R		\$28.00	Stevita Water Flavoring (Strawberry)		\$7.00
Strawberry Wafers *R		\$28.00	Stevita Water Flavoring (Lime)		\$7.00
SNACKS - SALTY	Box				
Soy Nuts -BBQ *R		\$28.00			
Soy Nuts - Garlic & Onion *R		\$28.00			
BBQ Ridges *R		\$28.00			
Salt & Vinegar Ridges *R		\$28.00			
Dill Pickle Zippers *R		\$28.00			
Southwest Cheese Curls *R		\$28.00			
White Cheddar Ridges *R		\$28.00			
SNACKS - COOKIES	Box				
Chocolate Chip Cookies *R		\$28.00			
Vanilla Crispy Square *R		\$28.00			

___ Boxes @ \$28.00 ea: _____

___ Pre-Made Drink Boxes @\$29.50 ea: _____

___ Pre-Made Mango @\$4.25 ea: _____

___ Strawberry Banana @\$4.90 ea: _____

Total for Vitamins/Misc: _____

Total for Walden Farms: _____

Total Amount Due: _____

*R = Restricted Item (One per day max)

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Walden Farm Salad Dressings	Qty	Price
Bacon Ranch		\$4.99
Balsamic Vinaigrette		\$4.99
Bleu Cheese		\$4.99
Caesar		\$4.99
Chipotle Ranch		\$4.99
Coleslaw		\$4.99
Creamy Bacon - Bottle		\$4.99
Creamy Bacon - Packets		\$4.99
Creamy Italian		\$4.99
Honey Dijon		\$4.99
Italian - Bottle		\$4.99
Italian - Packets		\$4.99
Ranch - Bottle		\$4.99
Ranch - Packets		\$4.99
Raspberry Vinaigrette		\$4.99
Russian		\$4.99
Sesame Ginger		\$4.99
Thousand Island - Bottle		\$4.99
Thousand Island - Packets		\$4.99
Zesty Italian		\$4.99
Walden Farms Fruit Spreads		
Apple Butter		\$4.99
Blueberry		\$4.99
Orange		\$4.99
Raspberry		\$4.99
Strawberry		\$4.99
Walden Farms Syrups		
Caramel		\$4.99
Chocolate		\$4.99
Pancake		\$4.99
Walden Farms Dips/Spreads/Sauces		
Alfredo Sauce		\$4.99
BBQ Sauce - Original		\$4.99
BBQ Sauce - Thick & Spicy		\$4.99
BBQ Sauce - Honey Barbeque		\$4.99
French Onion Dip		\$4.99
Garlic & Herb Pasta Sauce		\$4.99
Ketchup		\$4.99
Marinara Sauce		\$4.99
Marshmallow Dip		\$4.99
Honey Mustard Mayo		\$4.99
"Amazin' " Mayo		\$4.99
Chipotle Flavored Mayo		\$4.99
Tomato & Basil Pasta Sauce		\$4.99
Veggie Ranch Dip		\$4.99
Whipped Peanut Spread		\$4.99

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